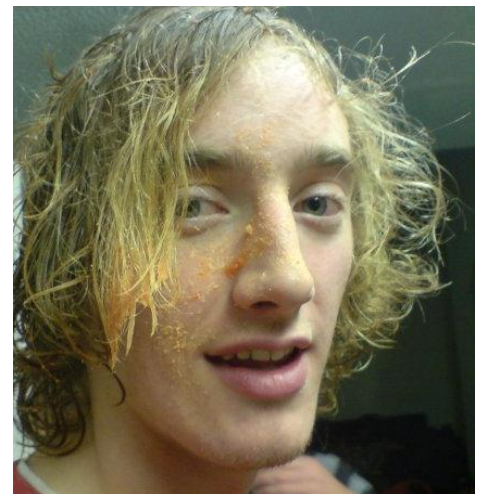




**Southampton University Canoe Club**

# **CLASS OF '11**



**Mouthfuls Summer 2011**



## Welcome to Mouthfuls - Summer 2011

### This Edition:

Sharking Issues  
Two by Two  
NSR  
Pancakes  
The Upper Dart Special  
Overheard at Southampton  
The Lakes  
Valentines Dart  
White water safety  
'Rwanda' 2011

I hate writing these introductions, but this one is even harder as it's my last as a student!

Welcome once again to Mouthfuls, your source of the truth for many years! This summer you will have sharking lessons from the best, advice on looking cool and a Welsh oral lesson amongst others, enjoy!

We have had a packed term with epic water levels for a change in Scotland, alcohol fuelled midnight runs of the Dart as well as the fun (shark) filled socials. Also, this year's NSR proved to be our best yet with both the 'Spirit of PGL' and the much sought-after carnage award headed back down to Southampton. Thanks to the outgoing committee for all their work and also the new one for all their energy and enthusiasm. Again, thanks to those who wrote articles and have been emailing me sharking activity after a night out, those of you trying to hide stuff, don't worry you were seen!

This summer there will be a fair few of us leaving the club, you might recognize a few from the cover, but I'm sure we will see you all around soon. I'm certain all of them have had as much fun as I have as a member of SUCC.

So, until Christmas, and the sharking starts again, have a fantastic summer.

*Sherman x*



## **PLEASE BE AWARE**

**The canoe club you are involved in is currently subject to a number of sharking attacks. We want to raise your awareness of this and ask that you remain vigilant and report any suspicious activity.**

**Area identified as particularly high risk:  
*Jesters Night Club***

**Please be vigilant, in particular older members who are still pretending to be students**

**Anyone with information, please contact the *Mouthfuls Editor* or *Facebook***



# SUCC Trivia



What's on Elaine's hand?



What's on Thom Guy's head?



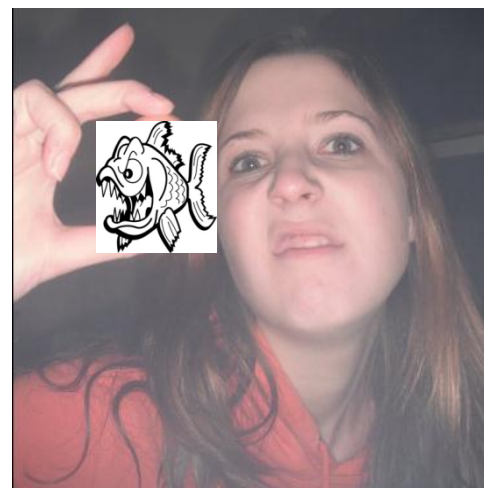
Who's the hot blonde?



Who's the bunny?



Who are the SUCC girls shooting?

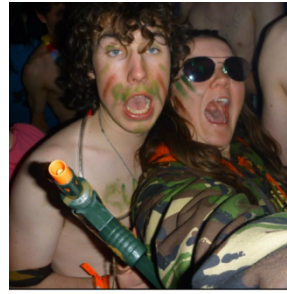


What's Emily Moore holding?





## NSR- Letter from the battlefield



June 7<sup>th</sup> 1944  
Canoe Club,  
Southampton  
Regiment

To my sweetheart,

Life has been hard without you. Yesterday we stormed the Nottingham territory in the YMCA formation. We took down enemy university troops with impeccable ease. One by one they fell, unable to contend with our epic paddling and synchronised thrusting. Even Herr Rodeo Rabbit was no match for the SUCC army, and he succumbed to the rain of plastic bullets.

Unfortunately Corporal Hammond was taken hostage in a tent by the enemy. And regretfully we lost Private Dickins when her boat went down just off Muncher; the last we saw of her there was chunder everywaaaaar. A handful of SUCC soldiers were also stricken by the blight of Trentitus and fell behind.



We battled through harsh weather conditions and severe hangovers, but moral stayed positive with the help of bacon sandwiches and cup of tea after cup of tea. Major Clark led us to victory and NSR was ours!

Later that night we celebrated our triumph by wetting our whistles at the local establishment, where Sergeant Westernfaff discovered he will be called out for services in Uganda to carry out important paddling duties. Needless to say the troops were in high spirit and we all danced the night away.

I hope to return soon, my love.

Yours always,

Lieutenant Herbert

x



# Pandora's Box: Facial Jargon

Many faces are often witnessed in this club, some good, some bad... and most ugly.

## **Exhibit A: Pandora's Box**

This wet slot has claimed many faces, but as you will see, none as colourful as the next few images.

## **Exhibit B: Looking cool**



As much as it pains me to admit, this is a cool face. Determined, yet a deep understanding of the complicated mechanisms of life, perhaps gained from experiences in a remote country in a past existence... Or it's just Matt "what a twat" Kelly feeling good for getting a great line.

## **Exhibit C: Fear**



For some strange reason a recurring theme of fear has been witnessed on this feature, maybe people value their faces a little too much?

## **Exhibit D: Distain**



The sort of distain that says "I cocked that up and I'm not happy about it" ... "not one bit".



Exhibit E: Fear?



Another Example of fear, yet this fear is a little odd looking.

Exhibit F: FUCK



This time, Distain turns into FUCK, "FUCK, I really cocked this up and I'm now heading to Pinsville...Sideways".

Exhibit G: One Last Ugly breath



The High brace fails, what do you do?! Breathe deep my friend, breathe deep and fast.



Exhibit H: FUCK, ft. Richard Ashcroft



Can no one else see the resemblance here or is it just me? Hmm, I can't help but think about Bitter Sweet Symphony...



Exhibit I: The stuff Upper Lip



Remaining ever composed, Sylvester you maintain unparalleled river etiquette.

Exhibit J: Literal Relief



Huw feeling several pounds lighter here.

## SUCC Pancake Social: A Recipe for Carnage

Take 20 or so keen paddlers, add 10 randomers and strobe lighting. Bring to the boil in a very small kitchen.

Once boiled, add a large helping of beverages and a smoke machine. Dust with 5 bags of flour until mixture appears white in colour.

Using your hands, genrouslly rub the mixture with jam (or maramlade, if you prefer). Whisk with a dozen eggs until the mixture is coated in a thick layer of slime.

Finish off with a bottle of golden syrup and leave to marinate overnight.

For best results, decorate with permanant marker and serve with a hangover.

Bon appétit.



*Serving suggestion*



# SUCC Trivia Answers



What's on Elaine's hand?

A: a crab claw



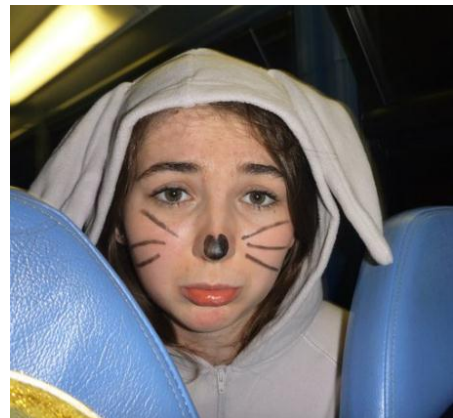
What's on Thom Guy's head?

A: a frying pan



Who's the hot blonde?

A: Alex Madsen



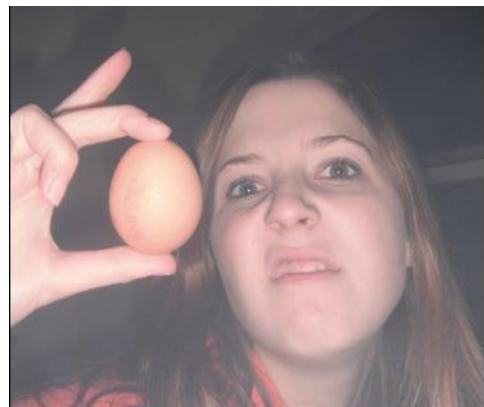
Who's the bunny?

A: Emily Cordon



Who are the SUCC girls shooting?

A: the Rodeo Rabbit



What's Emily Moore holding?

A: an egg





## Overheard at Southampton

Wall

Info

Discussions

Photos

Video

Share: Post Photo Link Video

Write something...

Kate H: "Reflex over sex, I don't think so!" (at the xmas meal)

Audrey: "Paul looks like a sperm"  
Rhianna: "oohh, I like sperm"

George: "For fucks sake".  
Alex Payne: "that's what Jesus said"

Tom Pritchard "Fuck off, you've got no teeth."

Thom Harvey: "We can blame all this faff on Stabby's parents for his lack of calcium!"

Elaine: "if you get me again, I'll spit all over you"

William: "How was your Xmas?"  
Elaine: "it was gangsta"

Whilst Vian was clearly holding JJ's fake tash up for him:  
Emily: "oh look, it even stays there on it's own"

Aaron Price: "If you're gonna suck a dick, you might as well be drunk."

Alex Payne: "Relationships are only guidelines."

Anon: "Hey Big boy, I've just seen you in the hobbit. You're DEFINITELY my type. I wanna go balls deep in you. I reckon you'd be as tight as a tiger. X  
Ex Pres: "Sorry, jelly fish are asexual."

Fresher George - "I've dropped my clitoris on the floor!"

Fresher George - "Quick someone 'do' that waitress!"

Elaine - "Oh no it's sticky, feel my bum."

This person wishes to remain anonymous -  
"Honky is just a word used by jealous people!"

Whirly - (Beeping and everyone in the minibus waving goodbye to Chris Eastabrook) "We know who that is?"

Cant remember who said this but I think it was Fresher George - "If i was a woman I would finger myself continuously"

Emily M - "Oh PieChee, you're too long!"

Elaine, to Immi: Snort vodka, it's brilliant!  
[Immi screams]

Elaine, when asked why she bit bearded Dan: "He was trying to steal my hat!" Which was actually his hat...

Immi: "You're the fourth guy to squat on me this evening. For god's sake."

Elaine: "I licked your face, tell me now!"

Rose: "What's 2011? Oh, I thought you meant the Olympics..."

Wilko: "You've been nothing but nasty to me all night..."  
Sherman: "I asked you where you wanted to go on holiday!"  
Wilko: "You said 'sort it out'"  
Sherman: "You love doing that!"

JJ: 'You could probably play with me for 20 minutes before I go off... I'm talking to Matt, not you Elaine!'

Matt: "Go dance with her, or you'll have another romantic night with your laptop"  
Audrey: "The laptop's better than that."

Emily, on seeing Sherman isn't wearing the penguin suit: "You're putting it back on or the strap-on's coming out!"

Paul: "I think that might be a bit too much fun"

Curly, on the subject of sex with paddles: "You can't be submissive, it's dangerous. You have to fight your corner."

Thom Harvey: "This is what people have come to expect from leadership in the club: irritable, demanding and out of sync with public opinion."

Matt: "Audrey's housemate Dani, she's an easy pull"  
Audrey: "Tru Dat."

Rossall: "I hate doing heads."

# The Wonderful Lakes Trip 2011

By Fresher Helen

What can I say, this has been my favourite trip with SUCC. The tale goes like this...

## Friday





A few members of the club decided to stick the finger up to work and head on up a day early for some extra paddling. The shaft plus honorary member fresher Helen had a rather interesting drive. A 5am start, a side adventure to pick up Westenbrink's Wok, and 6 hours in a car together led to some very interesting conversations; A hypothetically pregnant Helen Rossell admitted although her parents would not support her or the child, the father (JJ) had high optimism that his parents would. Random I know.

JJ's driving was put into question when upon seeing a sign stating 'hidden dip' his response was "I can't see it." The car however, had no problem finding the dip, and we go over flying. JJ-"Oh there it is."


Eventually we reached our destination of the Tees. Unlike the rest of the country, this river actually had water- Wahoo! Over 400 miles driven, about 2 miles paddled, worth every minute. A great days paddling was had by all.

What's that? Oh the club are nearly here, we had better get moving.

Hello SUCC! And the beginning of a fun filled night of antics. Who needs a staircase when you can slide!

\*\*\* Lights out\*\*\*  Who has a pound??!  \*\*\* Lights on\*\*\*

A few casual drinkies later, a very tired group of SUCCers headed to bed. Those who actually had decent sleeping bags slept, the other half had a near death experience.

\*\*\* Lights out\*\*\* 

## Saturday

Whats that? A cooked breakfast- YES!



Faff, faff, faff, faff, faff, faff, No diesel in the minibus? faff, faff, faff, faff, faff, faff, faff, River!

With half frozen kit, and many an icicle looming, the majority of the SUCCers still decided to tackle the Kent. Despite low levels, those that paddled still had a great day. Well done to Emily who had some wicked rolls, and to Immi for overcoming a mean rock! Congratulations also to Roch, who had the best steal of the day, managing to paddle a pink Barbie tricycle all the way down the river.

Other memorable antics after the river included a Ketchup fight, and JJ swimming- well done Elaine!





\*\*\*Lights on\*\*\* Sat night was AWESOME! Bangers and mash made it THE best club dinner. Pure genius allowed this amazing meal, from saving the solid gravy (which I've heard panicked Sherman greatly), to mashing potatoes using a thermos flask, round of applause to the cooks.



\*\*\*Lights off\*\*\* Some interesting groping by Rossell



\*\*\*lights on\*\*\* Attack of the Mortimer custard. Somehow 3man lasted the entire night, you know you love it! I am very proud to say that lots of you know the rules now and have been playing elsewhere! Good times.

Anyway, the singing got louder, toilet visits more frequent and competitive, and after some hilarious screwing over of certain olds who decided to join in, some very happy and drunken people decided it was probably time to do something else



\*\*\*Lights out\*\*\* Ahh! Westenbrink to the rescue, oh wait, what's that? No key, but a piece of paper? A TREASURE HUNT!!! We had no idea who had made this, but it had to be one of the most exciting moments EVER. A couple of successful clue hunts later, Starkey throws one in the river. IN THE RIVER! However Elaine came to the rescue, having manned up way more than any of the guys present, she went wading in to rescue the clue. You LAD! And whoop whoop, the key was found.



\*\*\*Lights on\*\*\* Sing song anyone? Starkey was especially proud having learnt a special song to sing to Wilko, who was having none of it and hid in the kitchen. Better luck next time Starkey. Ok, time for bed. P.S. Happy 30<sup>th</sup> JJ.



\*\*\*Lights Off\*\*\*



## Sunday

Paddling anyone?? Nah! Well a couple of the olds did- good on you! The rest of the SUCCers on the other hand decided to have a different adventure in Conistone. This led to some hot chocolate, hiking and ultimate hill conquering - woo! The day then finished with a lush pub lunch, the invention of the game 'stout,' and playing spot the snake in Starkey's highly entertaining children's game. What a weekend.

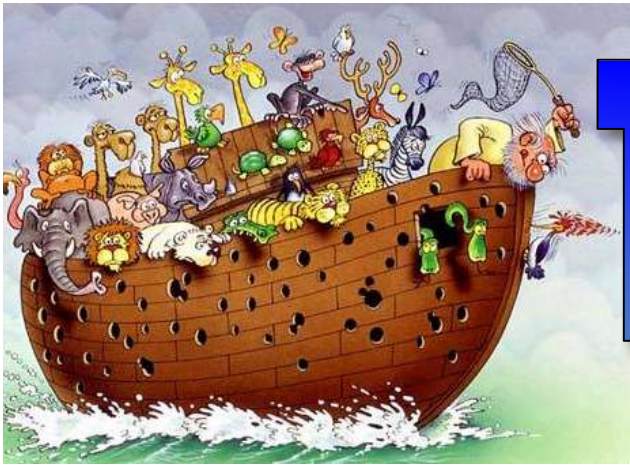
## Favourite Quotes

- Westenbrink to JJ- "yes JJ sheep actually eat grass in real life, not just in postcards"
- Tom Baldwin whilst playing 3man- "Why was I born so beautiful... ohhhh noooo!"
- Starky throwing a tantrum, everyone else "Don't throw the table off the table!"
- Audrey- "But I don't know any chavs"



Lots of Love, Fresher Helen





# Two-by-Two

*The animals went in two by two, hurrah! hurrah!  
The animals went in two by two, hurrah! hurrah!  
The animals went in two by two, the elephant and the kangaroo  
And they all went into the ark, for to get out of the rain'*

So maybe nobody was dressed as an Elephant, or a Kangaroo you get the idea though... as we all put our best feet, flippers, wings and antenna forwards we came up with some fantastic costumes to make the Ark proud!!

We saw Ladybugs, Bees, Flamingos, Cows, Tigers and even Tinky Winky come out for an epic night of Garyoke and general SUCC mayhem finishing at Jesters. This was truly an animal ball with many species happily demonstrating their amazing dance skills as we attempted 'spotty dog' 'rodeo' and many other classic Gary moves!!



I'm sure there was lots of other fantastic gossip and carnage but as drink flowed in a nearly continuous stream down the throats of most SUCCers a few unruly members decided that prank texting the President would be much more interesting than Gary....

SUCCer: I would like one of your stingers inside me x

President: Bad times. Sounds painful x

SUCCer: Pain over pleasure any day. The real question is could U handle it? x

SUCC Love Dirty Alice xx

# Team Sausage's\* guide to Being a Bad Man

## Homage to Dickie Titz

An important part of SUCC is to be able to pass down information from generation to generation. This guide aims to do exactly that for an important life skill for SUCC Men which is rarely<sup>†</sup> covered. Although some may think they know everything already, read on, as you may learn some new tips. Newer members please take note as these important skills will be necessary for later years when fresh crops arrive.

First things first-this guide is intended for single men only.

*Under no circumstances should these instructions be followed<sup>‡</sup> if you are in a healthy relationship. Doing so is not in the true spirit and strongly frowned upon. Please note that this does not include those who simply have a "regular bit on the side", providing either the other party has been consulted, or that they are being an equally Bad Girl.*

Now we have the formalities out of the way, we can begin.

Contrary to popular belief, Sharking is a Science. Take the right ingredients, fully prepare, expose to the correct environment, and bring the heat. If everything is done correctly, success<sup>§</sup> is pretty much guaranteed. However, the required balance is very fine – any slight miscalculations can throw the results right off. It is this necessary attention to detail that is important if you are to succeed. We will discuss a number of important details, as well as ways to help "improve your odds".

Ingredients. These consist of 3 groups - you, the prey, and other hunters. Let's start with you. This topic is very individual to the person; however there are some universal tricks that can be used to get that extra advantage. Try a change in hair, especially facial hair. A recent study has shown that chicks dig ridiculous beards, but moustaches are out. Try a different scent. Some good aftershave or simply work up a sweat in the gym and head straight to Jesters with that funky Bad Man Musk. Filthy chicks love this. Clothing is all about wearing something different, not just blending in with the Ben Sherman donning Proletariat. Try shorts (a clear benefit for Baywatch), or wear a down jacket around the waist you can use to brush against girls on the dance floor. If this has not been done, fear not. Even if you look and smell like you've lived up a tree for a year you still have a good chance if you work on other tricks...

The Prey-that's plural. Never put all your eggs in one basket. Don't quickly rule out targets-you're only reducing your odds. And be prepared to hunt outside the box. There are more freshers outside the confines of the club. Plus variation is good, especially when you've been in a long relationship. The bigger the age gap the better success-Remember, you keep getting older but freshers just stay the

---

\* I would like to clarify the origin of the Term "Sausage Buddy". This is NOT an innuendo, but in fact came about when two people brought exactly the same type of sausages to a Barbeque. The suggestion that it in fact referred to Partners in sharking crime was never intended, and is only used here in Irony of this.

† Mouthfuls Autumn 2005 Page 20

‡ This tongue-in-cheek guide should not be followed whatsoever.

§ Interpret this how you like. See Diagram 1 for Details

same age. There are two lines of thought with choosing. The Alpha females may appear to have a better payout, but competition is going to be a lot higher and your chance of success lower. A true Shark will circle the Prey, watching their every move. He is looking for telltale signs of weakness, easy targets to single out for the kill. Do your homework beforehand. What do you know about your targets? Engage conversation in a social environment, or for the ultimate win try introducing a game of "I have never". Look for information that may suggest the quantity/quality of the rewards, and of course suggestions of easy pickings. A recently ended relationship suggests they have been used to regular attention<sup>\*\*</sup> and are suddenly without, giving a higher probability they are "up for it"<sup>††</sup>. Other telltales can be smoking and tattoos – although take extra precautions<sup>‡‡</sup> with chain smokers with tramp stamps. Maybe someone is showing interest to another member you know is taken. Wait towards the end and become the consolation prize.

Other Hunters. You may think these as your enemy, but use them to your advantage, and you'll reap the benefits. Why not buddy up? Try combining the efforts of multiple sharks upon a large catch. Of course, it is important to pre-agree who gets to make the kill, to avoid serious stale-mate problems such as the Pied Piper effect. Another approach is to take advantage of other species of hunters. For a true lazy approach, wait for them to put in all the groundwork, then steal the fire when they drop their guard, such as go to the bar. This can be a dangerous trick, and is recommended only for professionals.

Preparation and environment. This relates to setting things up for your maximum advantage. Have a sudden need to shark? All you have to do is send out a bait email inviting people out for drinking and hey presto! Although more common is to attend a prearranged hunt, or social/trip.

Preparation is key. Club trips are excellent for this. Alcohol consumption should be encouraged. This is best done through carefully designed games. As mentioned earlier "I have never" is a great way of surveying the field, there are many other pre-sharking social activities that are good tactics. Encouraging intimacy with the "Ice cube" game, Skinny dipping at a beach with a suggestive name, or Dickie's infamous "pass the sweet" gets people in the mood, lowering social inhibitions. Professionals have been known to go as far as rigging an entire game of "Pass the Parcel" in order to get pre-chosen targets to "Get involved".

Preparation can also start on the river. You don't have to be an impressive kayaker or river leader, instead simply carry lots of extra warm clothes and a flask of hot chocolate. Someone's bound to get cold and need your attention. Of course this may be a lanky fresher lad, so choose your group carefully.

That concludes Chapter 1 of How to be a Bad Man. Chapter 2 is available from the SUCC shop, bundled with a free "Fresher logbook"

Just remember – Play safe kids!

Diagram 1 – Results (Not Guaranteed)

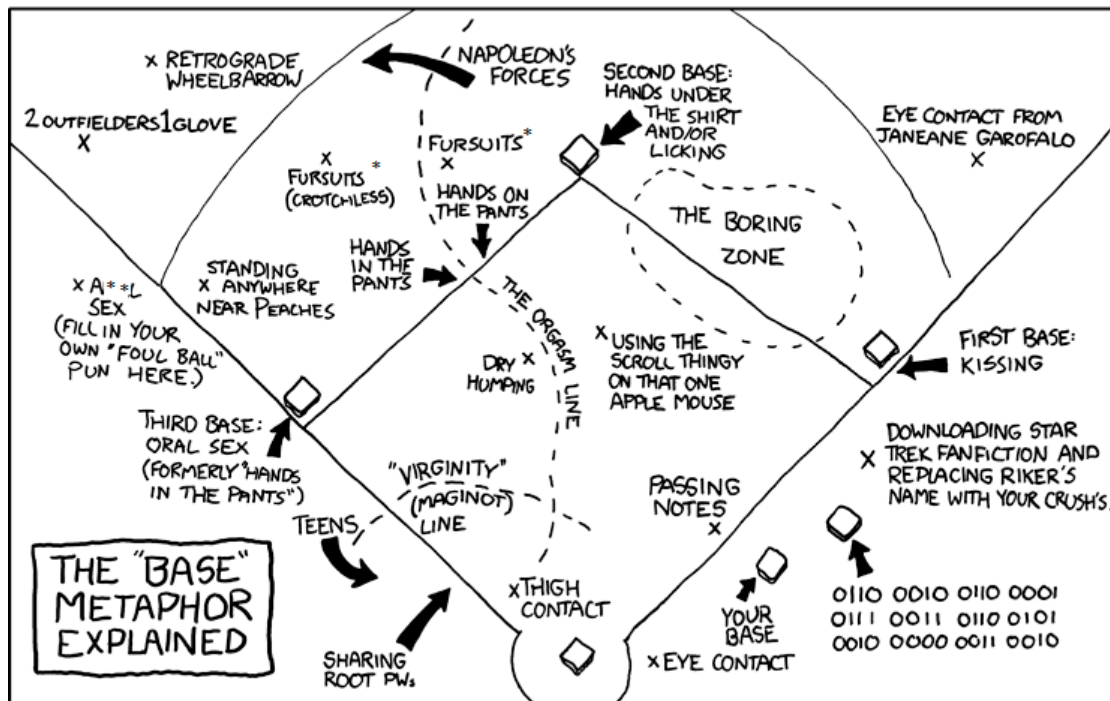
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<sup>\*\*</sup> Interpret how you like

<sup>††</sup> Term plagiarised from another guide

<sup>‡‡</sup> Double up

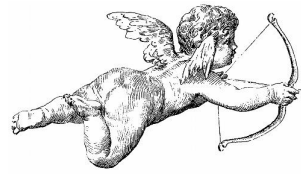




\* Or Onesies!

From xkcd.com/879

## Valentines Dart!



SUCC, my sweet...

I knew that this time we spent together would be magical,  
As soon as our eyes met across the Boat Hard,  
The day we threw caution to the wind,  
And our sleeping bags in the van.  
Many a moment we shared that evening,  
As the drinking games continued long into the night,  
And even though I sucked an old's nipple,  
I assure you it meant nothing.

I could only gaze longingly at the get-on,  
As you struggled into a pair of wet thermals.  
And as I watched your line down Lover's Leap,  
I felt Cupid's arrow pierce the front of my buoyancy aid,  
Though unfortunately, it tore through my last piece of river chocolate.

I fondly recall the evening during which we walked,  
Hand in hand, under the pale moonlight,  
To the 24hour Tesco,  
As we had run out of alcohol during a rather intense game of Touchcup.  
And though you may have failed to down a copious amount of lemonade,  
I woke sorrowfully the next morning,  
Knowing that after another day upon the Loop,  
We would once again have to part ways, (Until NSR of course...).

Much love, as always, from your Beardy admirer... XXX



## **White Water Safety and Rescue**

What we learnt on our White Water Safety and Rescue Course:

- 1) Pitch your tent before going to the pub.
- 2) PieChee doesn't like fat people, especially if they are disabled as well.
- 3) Chris Eastabrook doesn't like it if you start getting technical about mechanical advantage.
- 4) However, Chris Eastabrook did like making fun of Stabby Joe.
- 5) Whirly's BA wasn't in great shape as his safety harness buckle broke when practising live baiting.
- 6) You cannot live bait without a harness but it was funny seeing whirly and Chris floating away downstream looking puzzled as I held the end of the line with just a metal ring on it in my hand.
- 7) Matt Kelly had an inability to throw a line to Chris.
- 8) A Coat can also make a reasonable towel.
- 9) Thom Guy doesn't like it if you surf a wave on top of him.
- 10) Drunk, old Welshmen like to incoherently and inaudibly chat up young girls by telling them it was better in their day.
- 11) Chris wasn't impressed by the lack of bacon sandwich for lunch and then moaned at us for wasting time when we offered to cook him one.
- 12) PieChee is annoying, but we knew that anyway.
- 13) Rivers are wet.
- 14) What food to buy in a cafe seems to be more difficult than peace in the Middle East!
- 15) We should hire Matt Kelly's parents and SUCC Chefs.
- 16) Swindon Does have a lot of roundabouts, traffic lights and chavs.

As you can see we learnt a lot and I would recommend the WWSR to everyone, especially if you want find out who is a secret racist in the club.

Alex Payne



## Rwanda 2011

This trip brought to my attention one of the biggest challenges of our modern time:  
How the hell do you spell ~~Rosilli Rhosili Rhossilli~~?

Maybe it's Ross-ill-ey ?

Or Rozzilla?

But surely since it's Welsh that double  
'L'  
creates a 'Cleh' sound. So it's Rhosichey?

As you can tell this puzzled me  
throughout the whole trip. I was in a  
pickle to say the least.



Above: Me in a pickle.



Above: Rozzilla reaping spelling  
related havoc

So god knows what actually happened on this trip. Or for that matter why I'm writing a  
review of it, I was (and evidently still am) far too caught up in how to even fathom this  
place, let alone enjoy it.

~~Ruzola~~

## Rwanda?

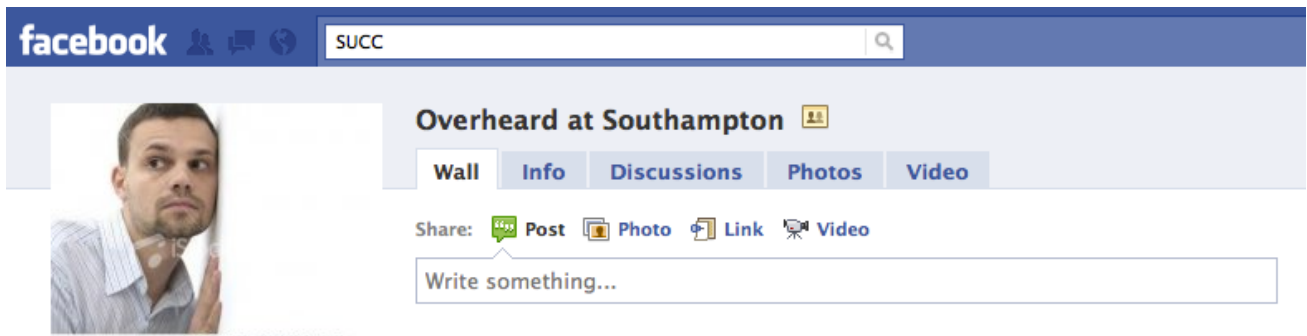
Rwanda will have to do.

Anyway someone who was paying attention took some photos, and here they are:



Above: us looking exceptionally cool





Piechee: "a disability is not a reason to be fat!"

Immy on her way out: "Oh look, a cone! Is it too early?"

Laurent to Emily Corden: "what's in your furry pouch?" (referring to the pocket at the front of her hoody)

Paul Clark: "It's only a canoe club, don't get stressed."

I wish my body was one in one out, alex

Somerset: "Piechee still looks miserable in HD"

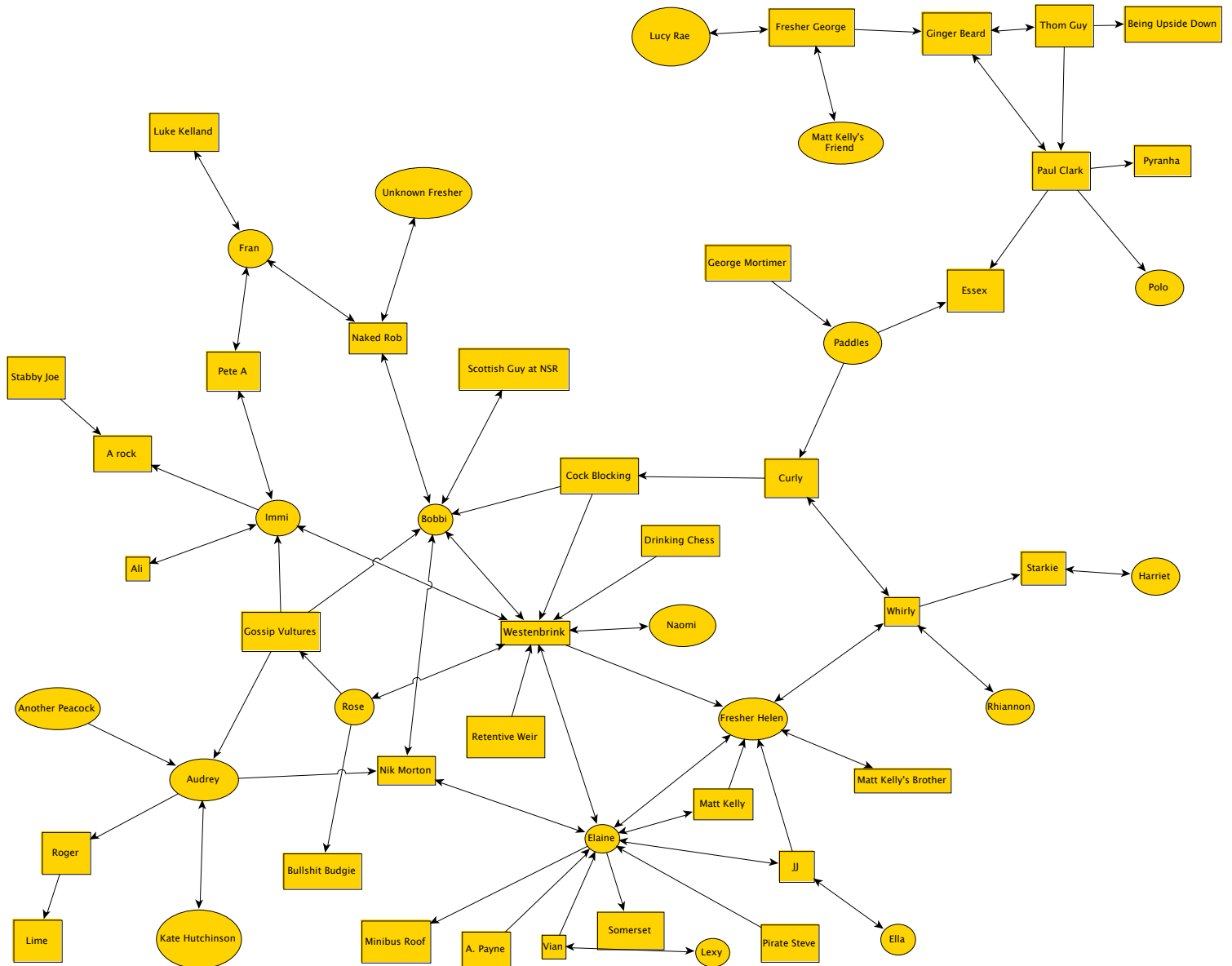
Matt Kelly to Curly: "Well it's you that complains you get molested!"

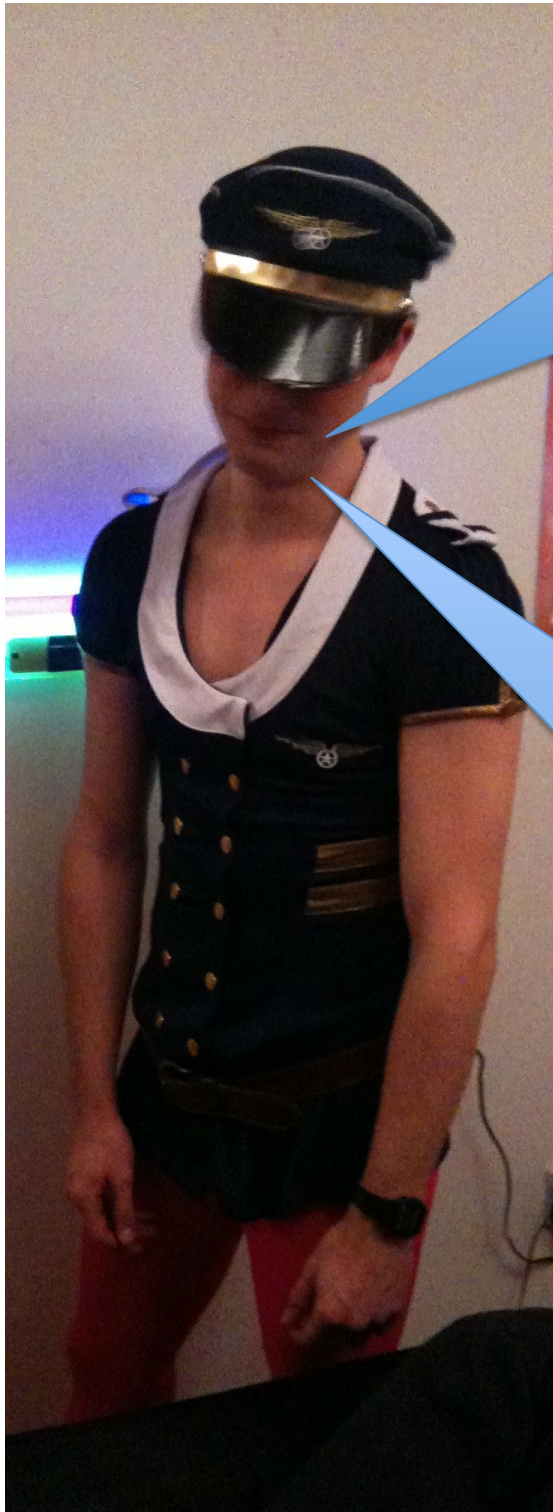
Beardy: Guess who got £50 in the post from Sheila? Yea, that's right, me!

Matt: Guess who got a blowjob from Sheila? Yea, that's right, everyone!



SUCC Sharking Activity 2011





"Goodbye plebs,  
next time I see you  
I'll be firing you so I  
can buy a third  
yacht.

Also, when I  
become an MP, if  
any photos of me  
happen to appear  
I'll slap a super  
injunction on you  
all"