







Scrapbook

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### clone of Canoe Club Annual Risk Assessment

### **Assessment status**

## Assessment completion date

2009-10-05

### Requirements for additional controls

Some of your risk calculations are somewhat low, however it seems that you have cosidered the hazards and how to reduce them, and is generally a good risk assessment.

## Assessment carried out by

Timothy Berryman

## Date of approval

2009-10-23

### **Review date**

2010-10-05

## **General event information**

**Event name** 

clone of Canoe Club Annual Risk Assessment

Organiser

CANOE

Task/activity
Canoe

Contact details

Mobile: 07843870917 Email: canoe@soton.ac.uk

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3870917 @soton.ac.uk Venue(s)

Southampton University Boathard

Date and time of event

Start date: 2009-10-05 Start time: 01:01 End date: 2011-10-05 End time: 23:59

Estimated attendance

70

# **Health and safety**

Health and safety hazards	
1 Personal Injury	a. Dislocated Joints     b. Cuts and abrasions     c. Broken bones
2 Collision	a. Drowning     b. Damaged equipment     c. Hit by paddles     d. Unconciousness     e. Personal Injury
3 Capsize	<ul><li>a. Hypothermia</li><li>b. Entrapment</li><li>c. Drowning</li></ul>
4 Overheating	a. Dehydration b. Hyperthermia c. Heat Stroke
5 Immersion in cold water	<ul><li>a. Hypothermia</li><li>b. Shock</li><li>c. Drowning</li></ul>
6 Exhaustion	a. Fatigue
7 Swallowing Water	a. Water bourne diseases e.g. Weil's Disease
8 Manual Handling	a. Repetive strain injury
9 River Groups	a. Separation b. lost

## **Hazard** impact

Item	Hazard	Likelihood	Severity	Risk
1 a) Dislocated Joints		2	2	4
b) Cuts and abrasions		3	2	6
c) Broken bones		1	4	4
2 a) Drowning		2	5	10
b) Damaged equipment		1	2	2

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c) Hit by paddles	1	1	1
d) Unconciousness	1	4	4
e) Personal Injury	2	3	6
3 a) Hypothermia	3	3	9
b) Entrapment	3	4	12
c) Drowning	2	5	10
4 a) Dehydration	1	2	2
b) Hyperthermia	3	3	9
c) Heat Stroke	1	2	2
5 a) Hypothermia	3	3	9
b) Shock	2	3	6
c) Drowning	2	5	10
6 a) Fatigue	2	2	4
7 a) Water bourne diseases e.g. Weil's Disease	1	3	3
8 a) Repetive strain injury	5	1	5
9 a) Separation	1	1	1
b) lost	1	1	1

# **Control measures**

1 a) Dislocated Joints	Appropriate training in the correct strokes, and how to do them safely.
b) Cuts and abrasions	Footwear must always be worn. First aid trained leaders.
c) Broken bones	Appropriate training in the correct strokes, and how to do them safely.
2 a) Drowning	A properly fitted Buoyancy Aid to be worn at ALL times on the water.
b) Damaged equipment	Ensure equipment is well maintained.
c) Hit by paddles	Encourage repsect and watch out for others on the water.
d) Unconciousness	Wear a helmet at all times on river.
e) Personal Injury	Appropriate training in the correct strokes, and how to do them safely. Helmet to be worn at all times on rivers.
3 a) Hypothermia	Approprite clothing eg.wet suit and cag to maintain body heat. Carry hot drinks. First Aid trained river leaders. First aid ki to contain space blankets
b) Entrapment	Plan the river course before hand. Carry a river knife.
c) Drowning	A properly fitted Buoyancy Aid to be worn at ALL times on the water.
4 a) Dehydration	Similar to heat stroke. Maintain intake of fluids. First aid trained river leaders.
b) Hyperthermia	Approprite clothing eg.wet suit and cag to maintain body heat. Carry hot drinks. First Aid trained river leaders. First aid ki to contain space blankets.
c) Heat Stroke	Wear clothing suited to weather conditions. Carry cold drinks on hot days. First Aid Trained river leaders.
5 a) Hypothermia	Approprite clothing eg.wet suit and cag to maintain body heat. Carry hot drinks. First Aid trained river leaders. First aid ki to contain space blankets.
b) Shock	First Aid trained river leaders.
c) Drowning	A properly fitted Buoyancy Aid to be worn at ALL times on the water
6 a) Fatigue	High energy snacks to be taken on enduring trips. Do not undertake a river unsuitable to fitness level
7 a) Water bourne diseases e.g. Weil's Disease	Appropriate leadership on water during sessions. Briefing prior to paddling of dangers associated with water borne disease Told to see doctor if symptoms occur and to wash hands before eating.
8 a) Repetive strain injury	Lift kayaks using knees, not back Carry kayaks one between two people for small people / heavy boats. Told not to kayak they can feel pain when paddling
9 a) Separation	Remain calm and stay where they are. call out for the rest of the group. River leaders should always keep the group together.
b) lost	Remain calm and stay where they are. call out for the rest of the group. River leaders should always keep the group together. If still lost, come off the river and follow the river to the start or end (which ever is nearest) by foot or wait for next group to coem down the river.

# Revised hazard impact

Item	Hazard	Likelihood	Severity	Risk
1 a)	Dislocated Joints	1	2	2
b)	Cuts and abrasions	2	1	2
c)	Broken bones	1	3	3
2 a)	Drowning	1	3	3
b)	Damaged equipment	1	1	1
c)	Hit by paddles	1	1	1
d)	Unconciousness	1	3	3
e)	Personal Injury	1	1	1
3 a)	Hypothermia	1	2	2
b)	Entrapment	1	2	2

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c) Drowning	1	3	3
4 a) Dehydration	1	1	1
b) Hyperthermia	1	2	2
c) Heat Stroke	1	1	1
5 a) Hypothermia	1	2	2
b) Shock	1	2	2
c) Drowning	1	3	3
6 a) Fatigue	2	1	2
7 a) Water bourne diseases e.g. Weil's Disease	2	1	2
8 a) Repetive strain injury	1	1	1
9 a) Separation	1	1	1
b) lost	1	1	1

## Other outcome risks

## Potential negative outcomes as a result of exposure to risks associated with event

n1 Finances a. Failing to break even

b. Mis-managment of money unfairly distributed within club

### Potential positive outcomes as a result of exposure to risks associated with event

p1 Personal Deveolpment a. Leadership skills b. Team building

p2 Qualifications a. BCU Stars or coaching awards

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Item	Outcome	Likelihood	Severity	Risk
n1) a) Failing to break even		2	4	8
b) Mis-managment of mor	ey unfairly distributed within club	1	2	2
p1) a) Leadership skills		3	4	12
b) Team building		3	5	15
p2) a) BCU Stars or coaching a	p2) a) BCU Stars or coaching awards		3	9

## Actions for mitigation of risks posing negative outcomes

n1) a) Failing to break even	Keep on top of club spending - incomes and outcomes
b) Mis-managment of money unfairly distributed within club	make sure each part of the club has sufficient funding, e.g. trainging, kit etc

# Actions to enhance opportunities for positive outcomes

p1) a) Leadership skills	encourage people to take control of situations and enable experienced kayakers to become river leaders on river trips.
b) Team building	work as a team, particularlyy on river trips when in groups - encourage people to look out for their fellow kayaker.

p2) a) BCU Stars or coaching awards arrange course club members can attend to gain qualifications.

Item	Outcome	Likelihood	Severity	Risk
n1) a) Failing to break even		1	3	3
b) Mis-managment of money u	ınfairly distributed within club	1	1	1
p1) a) Leadership skills		4	5	20
b) Team building		5	5	25
p2) a) BCU Stars or coaching awar	rds	4	5	20

## **About the event**

# Conceptualization phase

Planning phase

**Execution phase** 

**Termination phase** 

# Additional documents

Insurance requirements (no file uploaded)

Security requirements (no file uploaded)

Risk assessments (no file uploaded)

Legal requirements (no file uploaded)

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External/internal hiring of equipment (no file uploaded)

Charitable status of event (no file uploaded)

Other (no file uploaded)

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